

'Necessary Light Supervision Group'

A facilitated writing group for counsellors interested in developing their own creativity and resilience personally and professionally



'Writing can be magical for clients and therapists alike, like other expressive and creative arts' Jeannie Wright

- This small group will offer a supervision and CPD space to explore expressive, reflective and therapeutic writing techniques.*
- We will also explore poetry therapy as a healing art form*
- It is an opportunity to develop confidence in writing for your own use and as a vital and creative element of your work as a practitioner.*
- No previous experience needed, just an interest in writing and willingness to let your pen 'follow the wings of the imagination'*
- Feb 2020, Central Manchester 9.30-12.30, £65.00 per person*

The group will be facilitated by Pam Winter who is an experienced accredited counselor and supervisor. Pam has used expressive writing and journaling both personally and professionally for many years. She runs poetry therapy and writing for resilience groups and is currently working towards credentialed status as a poetry therapy facilitator with the International Federation for Poetry Therapy. *Please ring Pam [07702504983](tel:07702504983) or email pamwntr@aol.com to book a place and for more information also see www.path-wise.co.uk*

